

Brighton Kai Shin Kai Aikido

Weekend Course

Sat 30th/Sun 31st October 2004

With instruction from:

Sensei Bernard Harding

5th Dan NAF National Coach (Aikikai GB)

Course Details

- Times:
- Sat 2:00pm - 5:00pm
 - Sun 10:00am - 3:00pm
- Fees:
- £10.00 per day
 - £20.00 for both days

Course Venue

Portslade Sports Centre
Chalky Road
Portslade
Brighton
East Sussex
BN41 2WS

All styles and levels welcome, including beginners.



Find us on the web at:

www.rws1993.co.uk/BrightonKSK



Contact

Steven Woods
(01273) 887666
aikido@rws1993.co.uk

Club Details

Brighton
Kai Shin Kai
Aikido Club

Principal Instructor

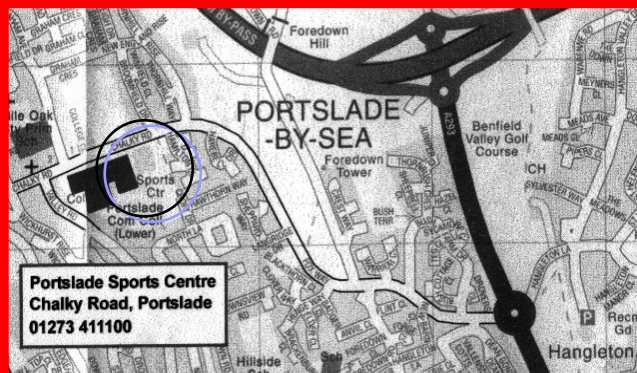
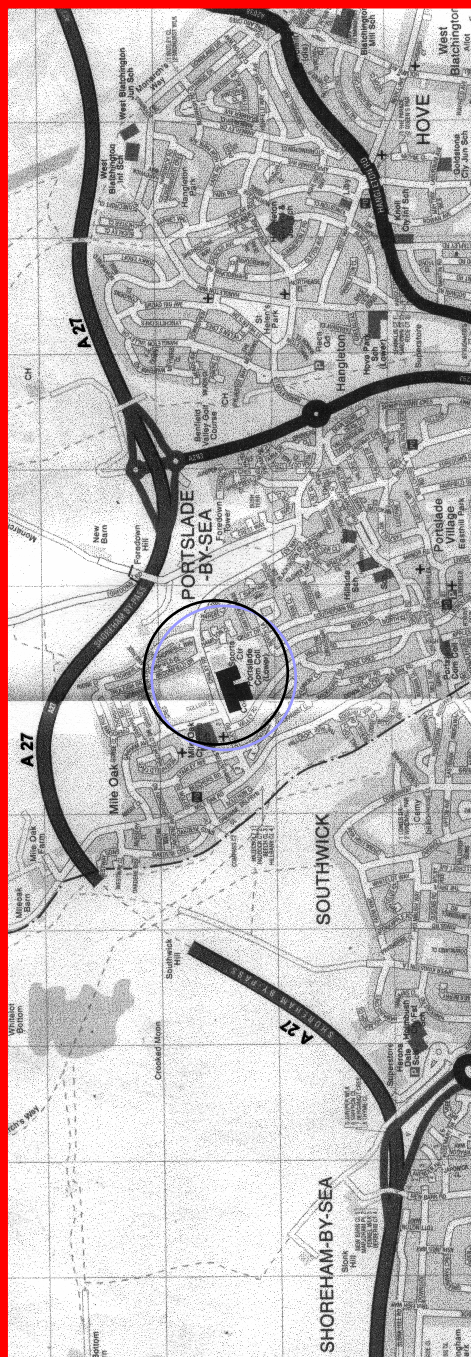
Brian Mitchell
5th Dan

Class Times

Mon & Wed
20:30 - 22:30 hrs
@

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Class Times

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Wed 20:30 - 22:30 hrs

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Travel Lodge

A23, 165-167 Preston
Road, Brighton, BN1 6AU.

Phone: 0870 191 1517



PREMIER LODGE
THE BEST. REST ASS.

144 North Street, Brighton
East Sussex. BN1 1DN

Tel 0870 700 1334
Fax 0870 700 1335

Situated in the city centre close to the Palace Pier. Turn off the A23 just before the Royal Pavilion onto Church Street, then first left onto New Road leading to North Street. The Premier Lodge has an integral Bar Est. No parking. NCP available.

